

# 6th Seminar ON TENDON TRANSFERS OF THE UPPER LIMB ON FRESH FROZEN CADAVERIC SPECIMENS

## 9<sup>th</sup>-11<sup>th</sup> SEPTEMBER 2021

### LECTURES

TEOGLION FINE ARTS  
FOUNDATION

### WORKSHOPS

LABORATORY OF ANATOMY  
& SURGICAL ANATOMY  
ARISTOTLE UNIVERSITY  
OF THESSALONIKI

### ORGANIZATION:



Orthopaedic and Traumatology Association of Macedonia  
and Thrace (O.T.A.MA.TH.)

In cooperation with:



1<sup>st</sup> Orthopaedic Department of Aristotle University of Thessaloniki,  
"G. Papanikolaou" General Hospital of Thessaloniki

### Under the auspices of:



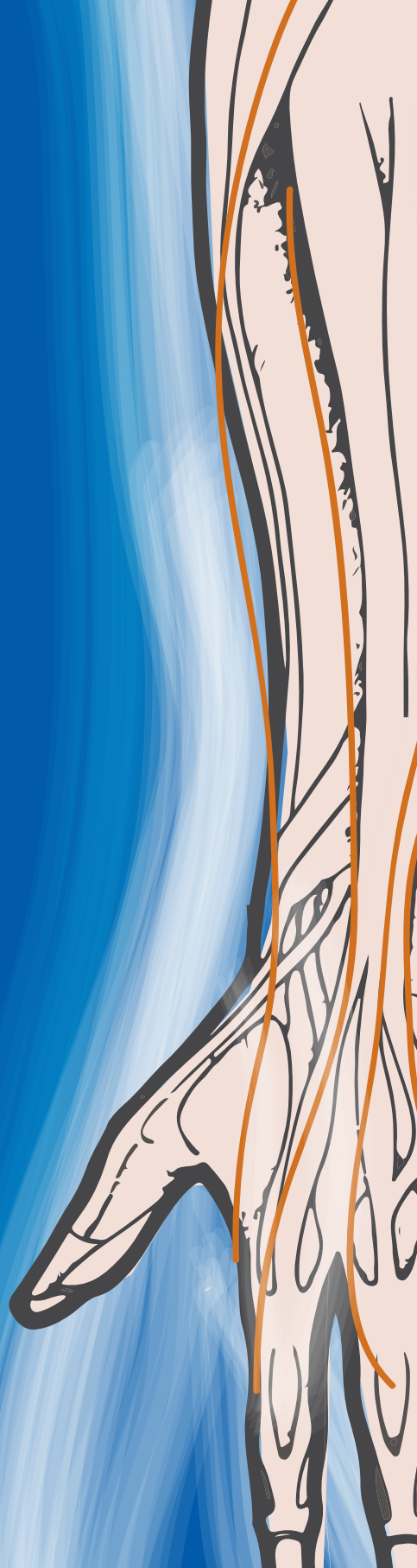
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Aristotle University of Thessaloniki



School of Medicine  
Aristotle University of Thessaloniki

[www.tendontransferseminar.com](http://www.tendontransferseminar.com)

**FINAL PROGRAM**





## WELCOME ADDRESS

Dear colleagues and partners,  
Dear friends,

We are pleased to welcome you to the **6<sup>th</sup> Seminar on tendon transfers of the upper limb on fresh frozen cadaveric specimens** which takes place on **September 9<sup>th</sup> -11<sup>th</sup>, 2021**, in Thessaloniki, Greece.

The Seminar is organized by **the Orthopaedic & Traumatology Association of Macedonia and Thrace** in cooperation with the **1<sup>st</sup> Orthopaedic Department of Aristotle University of Thessaloniki, "G. Papanikolaou" General Regional Hospital.**

Despite the difficult circumstances we are facing due to the pandemic of COVID-19, we insist on continuing this series of Seminars which have been established as an institution since the recent years we witnessed a significant increase of interest among orthopaedic surgeons in the tendon transfers of the upper limb. The Seminar will be a chance for the younger colleagues to be informed about the new developments in the field of tendon transfers and for us to meet again and share our experiences from the daily clinical practice.

The theoretical part of the Seminar will be held at the Teloglion Fine Arts Foundation while the educational program on fresh frozen cadaveric specimens will take place at the at the Laboratory of Anatomy and Surgical Anatomy of AUTH.

As hosts and organizers we shall spare no effort in making your participation scientifically rewarding and as meaningful as possible.

Thank you for your active participation.

Sincerely yours,

The President of the Seminar  
**Dr. Lamprini Katranitsa**

Orthopaedic Surgeon  
Thessaloniki, Greece

The Honorary President of the Seminar  
**Prof. Panagiotis Givissis**

Professor of Orthopaedics AUTH  
Director of the 1<sup>st</sup>Orthopaedic Department  
of General Hospital "G. Papanikolaou"  
Thessaloniki, Greece

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Under the auspices of:

 Dean of the School of Medicine  
Aristotle University of Thessaloniki  
 School of Medicine  
Aristotle University of Thessaloniki



## SCIENTIFIC COMMITTEE

**Honorary President:** Panagiotis Givissis

**President:** Lamprini Katranitsa

**Members:** Alexandros Beris  
Zoi Dailiana  
Panagiotis Giannakopoulos  
Anastasios Korobilias  
Zinon Kokkalis

Konstantinos Malizos  
Olga Savvidou  
Minos Tyllianakis  
Konstantinos Xarchas

## FOREIGN GUESTS

Georgescu Alexandru, Romania

Gohritz Andreas, Switzerland

Lalonde Donald, Canada

Tickunas Tomas, UK



## SCIENTIFIC PROGRAM

Thursday, September 9<sup>th</sup> 2021

Teloglion Foundation of Fine Arts

15:00	Registrations
15:20 - 15:30	Greetings - Opening Speech
15:30 - 16:40	<b>SESSION I</b> Chairmen: <b>M. Tillianakis, A. Georgescu</b>
15:30 - 15:50	Upper limb anatomy. Tendons and radial nerve <b>K. Natsis</b>
15:50 - 16:00	Tendon biomechanics <b>K. Xarchas</b>
16:00 - 16:10	Tendon suturing techniques <b>N.P. Sachinis</b>
16:10 - 16:20	Tendon transfer principles <b>A. Korompilias</b>
16:20 - 16:30	Tendon transfers in radial nerve palsy <b>M. Tillianakis</b>
16:30 - 16:40	Reanimation of elbow flexion with latissimus dorsi muscle flap <b>A. Georgescu</b>
16:40 - 17:15	<b>Coffee Break</b>
17:15 - 17:30	<a href="#">Transfer to Laboratory of Anatomy &amp; Surgical Anatomy AUTH</a>

Laboratory of Anatomy & Surgical Anatomy, AUTH

17:30 - 20:00	<b>CADAVERIC WORKSHOP</b> Radial nerve tendon transfers
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## Friday, September 10<sup>th</sup> 2021

### Teloglion Foundation of Fine Arts

09:30 - 10:40	<b>SESSION II</b> Chairmen: <b>A. Gohritz, L. Katranitsa</b>
09:30 - 09:40	Upper limb anatomy. Median nerve <b>N. Anastasopoulos</b>
09:40 - 09:50	Tendon transfers for median nerve palsy <b>Z. Dailiana</b>
09:50 - 10:00	Tendon transfers in tetraplegia. The Alphabet procedure <b>V. Tsiampa</b>
10:00 - 10:10	Extensor tendons injuries - treatment <b>D. Kapoutsis</b>
10:10 - 10:20	Closed flexor tendon ruptures <b>H. Karargou</b>
10:20 - 10:30	Distal anterior interosseous nerve transfer to motor branch of ulnar nerve <b>T. Tickunas</b>
10:30 - 10:40	Surgical joint denervation and neuroma treatment - easy and effective <b>A. Gohritz</b>
10:40 - 11:15	<b>Coffee Break</b>
11:15 - 11:30	<a href="#">Transfer to Laboratory of Anatomy &amp; Surgical Anatomy AUTH</a>

### Laboratory of Anatomy & Surgical Anatomy, AUTH

11:30 - 14:00	<b>CADAVERIC WORKSHOP</b> Median nerve tendon transfers
14:00 - 16:00	<b>Lunch Break</b>



## Friday, September 10<sup>th</sup> 2021

### Teloglion Foundation of Fine Arts

16:00 - 17:20	<b>SESSION III</b> Chairmen: <b>K. Xarchas, P. Givissis</b>
16:00 - 16:10	Upper limb anatomy. Ulnar nerve <b>T. Totlis</b>
16:10 - 16:20	Tendon transfers for ulnar nerve palsy <b>D. Arapoglou</b>
16:20 - 16:30	Nerve injuries. Nerve repair or tendon transfers? <b>E. Athanasis - S. Varitimidis</b>
16:30 - 16:40	Shoulder tendon transfers at children with obstetric palsy <b>Z. Kokkalis</b>
16:40 - 16:50	Reliable tendon and nerve procedures to improve posture and function in upper extremity spasticity <b>A. Gohritz</b>
16:50 - 17:00	Distal nerve transfers for the ulnar nerve <b>N. Darlis</b>
17:00 - 17:10	Upper arm nerve blocks for tendon transfers <b>I. Asouhidou</b>
17:10 - 17:20	Optimizing tendon transfers with WALANT <b>D. Lalonde</b>
17:20 - 17:45	<b>Coffee Break</b>
17:45 - 18:00	<b>Transfer to Laboratory of Anatomy &amp; Surgical Anatomy AUTH</b>

### Laboratory of Anatomy & Surgical Anatomy, AUTH

18:00 - 20:30	<b>CADAVERIC WORKSHOP</b> Ulnar nerve tendon transfers
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## Saturday, September 11<sup>th</sup> 2021

### Teloglion Foundation of Fine Arts

09:30 - 10:50	<b>SESSION IV</b> Chairmen: <b>A. Beris, S. Papadopoulou</b>
09:30 - 09:40	Treatment of upper extremity spasticity <b>E. Papadogeorgou</b>
09:40 - 09:50	Management of peripheral nerve defects <b>A. Beris</b>
09:50 - 10:00	Brachial plexus remediation strategy <b>P. Giannakopoulos</b>
10:00 - 10:10	Tendon transfer for rotator cuff reconstruction <b>O. Savvidou</b>
10:10 - 10:20	The use of EIP in tendon transfers <b>P. Givissis</b>
10:20 - 10:30	Loco-regional hand flaps. Coverage of fingertip defects <b>Z. Tzimirata</b>
10:30 - 10:40	Possibilities of covering simple and complex tissue defects in hand and wrist <b>A. Georgescu</b>
10:40 - 10:50	<i>Discussion - Case presentations</i>
10:50 - 11:15	<b>Coffee Break</b>
11:15 - 11:30	<b>Transfer to Laboratory of Anatomy &amp; Surgical Anatomy AUTH</b>

### Laboratory of Anatomy & Surgical Anatomy, AUTH

11:30 - 14:00	<b>CADAVERIC WORKSHOP</b> Special tendon transfers - Flaps
14:00 - 14:30	Closure



## CHAIRS, SPEAKERS, INSTRUCTORS

### **Anastasopoulos Nikolaos**

Orthopaedic Surgeon, Assoc. Professor of  
Anatomy and Surgical Anatomy, Aristotle  
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### **Georgescu Alexandru**

Emeritus Professor in Plastic Surgery and  
Reconstructive Microsurgery, EFSM General  
Secretary, BAPRAS President 2017-2019,  
Immediate Past General Secretary, European  
Federation of Societies for Microsurgery  
(EFSM), Immediate Past President Romanian  
Society for Surgery of the Hand (RSSH),  
University of Medicine Iuliu Hațieganu,  
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### **Gohritz Andreas**

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### **Karagergou Eleni**

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General Hospital of Thessaloniki  
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Aristotle University of Thessaloniki

#### **Katranitsa Lamprini**

Orthopaedic Surgeon, St. Luke's Hospital,  
Thessaloniki, Greece, President of the Seminar

#### **Kokkalis Zinon**

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#### **Korobilias Anastasios**

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Department, University of Ioannina, Greece

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## Seminar Secretariat



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