

# 11th Seminar

## ON TENDON & NERVE TRANSFERS OF THE UPPER LIMB ON FRESH FROZEN CADAVERIC SPECIMENS

**MARCH 19<sup>th</sup> - 21<sup>st</sup>  
2026**

TELOGLION FINE ARTS FOUNDATION (*theoretical part*)  
LABORATORY OF ANATOMY & SURGICAL ANATOMY  
OF THE ARISTOTLE UNIVERSITY OF THESSALONIKI (*practical part*)

**THESSALONIKI, GREECE**

### ORGANIZATION:



Orthopaedic and Traumatology Association of Macedonia  
and Thrace (O.T.A.MA.TH.)

In cooperation with:



1<sup>st</sup> Orthopaedic Department of Aristotle University of Thessaloniki,  
"G. Papanikolaou" General Hospital of Thessaloniki

### Under the auspices of:



Deanery of the School of Medicine  
Aristotle University of Thessaloniki



School of Medicine  
Aristotle University of Thessaloniki



Hellenic Society for Reconstructive Microsurgery

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**PRELIMINARY PROGRAM**



FESSH  
Federation of  
European Societies for  
Surgery of the Hand

Patronized by FESSH

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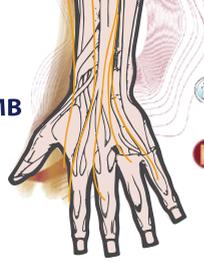
## SCIENTIFIC PROGRAM

**Thursday, March 19th 2026**

Teloglion Foundation of Fine Arts

08:30	Registrations
09:00 - 09:15	Greetings-Opening Speech
<b>09:15 - 10:15</b>	<b>SESSION I (THEORY 60 min)</b> Chairmen: <b>P. Givissis, P. Tos</b>
09:15 - 09:25	Tendon biology and embiomechanics <b>N. P. Sachinis</b>
09:25 - 09:35	Tendon suturing techniques <b>V. Tsiampa</b>
09:35 - 09:45	Tendon gap management <b>A. Beris</b>
09:45 - 09:55	Nerve biology and timing of surgery in peripheral nerve injuries <b>TBA</b>
09:55 - 10:05	Current perspectives on peripheral nerve repair and nerve gap management <b>P. Tos</b>
10:05 - 10:15	Common compression sites <b>C. Tsiouri</b>
10:15 - 10:30	<b>Coffee Break</b>

*Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH*



## Thursday, March 19th 2026

Laboratory of Anatomy & Surgical Anatomy, ATh

10:45 - 13:30

**CADAVERIC WORKSHOP (PRACTICE 165 min)**

**GENERAL PRINCIPLES**

**Tendon suturing**

a) 4-strand cruciate

**E. Karagergou**

b) Adelaide

**E. Karagergou**

c) Pulvertaft weave

**V. Tsiampa**

d) Side-to-side weave

**V. Tsiampa**

Teloglion Foundation of Fine Arts

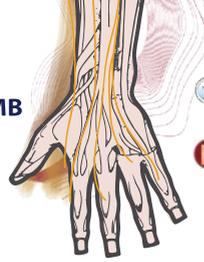
13:30 - 14:30

**Lunch Break**

**MARCH 19<sup>th</sup> 21<sup>st</sup> 2026**

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### Thursday, March 19th 2026

#### Teloglion Foundation of Fine Arts

**14:30- 15:30**

#### **SESSION II (THEORY 60 min)**

Chairmen: **J. Hobby, G. Nazaryan**

14:30 - 14:40

Tendon transfer principles

**P. Givissis**

14:40 - 14:50

Principles of distal nerve transfers in upper limb

**F. Giannoulis**

14:50 - 15:00

Radial nerve palsy: what's causing it?

**C. Sarigiannis**

15:00 - 15:10

Nerve transfers for radial nerve palsy

**O. Politikou**

15:10- 15:20

Tendon transfers in radial nerve palsy: when & how to choose?

**E. Gudemez**

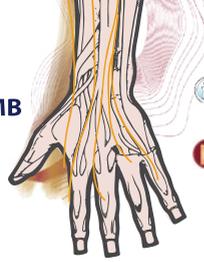
15:20 - 15:30

Discussion

15:30 - 16:00

**Coffee Break**

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## Thursday, March 19th 2026

Laboratory of Anatomy & Surgical Anatomy, AUTH

**16:15 - 19:00**

### **CADAVERIC WORKSHOP (PRACTICE 165 min) RADIAL TENDON AND NERVE TRANSFERS**

a) Nerve transfer for radial n palsy (Branches of FCR & FDS from median to PIN & ECRB)

**O. Politikou**

b) PT to ECRB

**E. Gudemez**

c) FCR to EDC

**E. Papadogeorgou**

d) PL to EPL

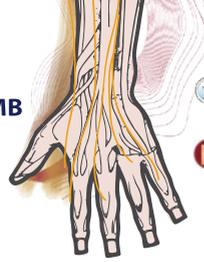
**V. Tsiampa**

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**Friday, March 20<sup>th</sup> 2026**

### Teloglion Foundation of Fine Arts

**09:00- 10:00**

**SESSION III (THEORY 60 min)**

Chairmen: **E. Gudemez, T. Tickunas**

09:00 - 09:10

Clinical examination and diagnoses of ulnar nerve palsy

**N. Zagoraïos**

09:10 - 09:20

Distal anterior interosseous nerve transfer to motor branch of  
ulnar nerve

**P. Tos**

09:20 - 09:30

Opponens branch to 1<sup>st</sup> dorsal interosseous

**O. Politikou**

09:30 - 09:40

Correction of claw hand

**G. Nazaryan**

09:40 - 09:50

Restoration of pinch-Correction of Wartenberg sign

**G. Nazaryan**

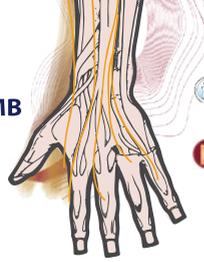
09:50 - 10:00

Discussion

10:00 - 10:30

**Coffee Break**

*Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH*



## Friday, March 20<sup>th</sup> 2026

### Laboratory of Anatomy & Surgical Anatomy, AUTH

10:45 - 13:30

#### CADAVERIC WORKSHOP (PRACTICE 165 min) ULNAR NERVE & TENDON TRANSFERS

a) AIN to ulnar nerve

**P. Tos**

b) Opponens br to distal UN (AD and 1 dorsal interosseous)

**O. Politikou**

c) Zancolli Lasso

**A. Georgescu**

d) Correction of pinch - adductorplasty with ECRB

**G. Nazaryan**

e) Sensory nerve transfer for UDN to LF

**P. Tos**

### Teloglion Foundation of Fine Arts

13:30 - 14:30

**Lunch Break**

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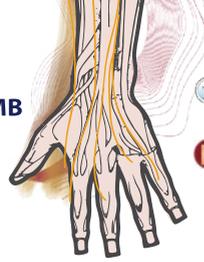
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### Teloglion Foundation of Fine Arts

**14:30 - 15:30**

#### **SESSION IV (THEORY 60 min)**

Chairmen: **A. Georgescu, O. Politikou**

14:30 - 14:40

Strategies to choose between nerve and tendon transfers

**K. Bergmeister**

14:40 - 14:50

WALANT in tendon transfer surgery

**D. Kitridis**

14:50 - 15:00

Clinical signs of median nerve palsy – Common tendon transfers

**A. Georgescu**

15:00 - 15:10

Nerve transfers for high and low median nerve palsy

**E. Karagergou**

15:10 - 15:20

Opponenplasties: what's the best choice?

**T. Tickunas**

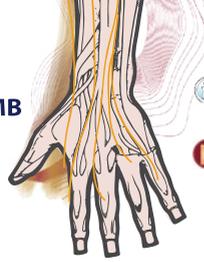
15:20- 15:30

Discussion

15:30 - 16:00

**Coffee Break**

*Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH*



## Friday, March 20<sup>th</sup> 2026

### Laboratory of Anatomy & Surgical Anatomy, ATh

16:15 - 19:00

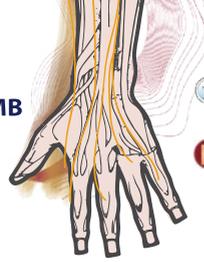
#### CADAVERIC WORKSHOP (PRACTICE 165 min) MEDIAN TENDON TRANSFERS

a) Nerve transfer of ADM br to recurrent motor br of median n  
**E. Karagergou**

b) Opponenplasty FDS III or IV  
**T. Tickunas**

c) ECRL to IF FDP  
**N. Zagoraivos**

d) BR to FPL  
**F. Giannoulis**



## Saturday, March 21<sup>st</sup> 2026

### Teloglion Foundation of Fine Arts

**09:00- 10:10**

#### **SESSION V (THEORY 70 min)**

Chairmen: **A. Gohritz, K. Bergmeister**

09:00 - 09:10

Treatment strategies to manage painful neuromas

**A. Gohritz**

09:10 - 09:20

Targeted muscle reinnervation (TMR) for neuroma management

**K. Bergmeister**

09:20 - 09:30

Management of combined median and ulnar nerve palsy

**V. Tsiampa**

09:30 - 09:40

The EIP as an all-around talent

**E. Karagergou**

09:40 - 09:50

Nerve and tendon transfers in tetraplegia

**P. Givissis**

09:50 - 10:00

Clinical pearls on rehabilitation for tendon and nerve transfers

**A. Vervainioti**

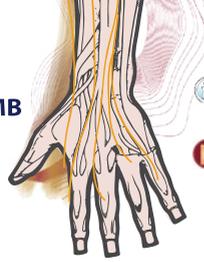
10:00 - 10:10

Discussion

10:10 - 10:30

**Coffee Break**

*Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH*



## Saturday, March 21<sup>st</sup> 2026

Laboratory of Anatomy & Surgical Anatomy, AUTH

10:45 - 13:30

**CADAVERIC WORKSHOP (PRACTICE 165 min)  
SPECIAL TENDON AND NERVE TRANSFERS**

a) Wrist denervation (& presentation)

**A. Gohritz**

b) TMR (one exercise of TMR in upper limb)

**K. Bergmeister**

c) EIP to EPL

**P. Givissis**

d) Opponenplasty (Abductor Digiti Minimi) (& presentation)

**P. Giannakopoulos**

13:30-14:00

Closure

## SEMINAR SECRETARIAT



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Conference & Event Management

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